



THE SUDBURY SKATING CLUB
is pleased to host

LET'S SKATE 2025

April 11-13th, 2025

Tom Davies Community Centre and Arena
325 Anderson Drive, Lively

Canskate, StarSkate, Competitive, Adult, Special Olympics, & FUN Events

This performance and development opportunity will be used as an enhancement tool to help push the level of performance and skill acquisition in skaters of all levels and perform in front of family and friends without the pressure of competition. We will also have fun doing it! All skaters will receive constructive feedback to help prepare for their future goals. You may also be tested at the same time your program is being evaluated.

This is how it works:

1. Indicate your package or event.
2. Tell us your level.
3. Choose any creative opportunities or fun events to add to your weekend.
4. Start planning for a great weekend!

Registration	Registration link here
Payment	Transfers can be sent to: sscfees@gmail.com Please include skaters name and events in the e-transfer message.
Awards	All skaters will receive feedback and a participation medal.
Music	MP3 submission to: sudburyskatinginfo@gmail.com Music file should be labeled with the skater's name, home club name and category. Skaters are required to have their music on a memory stick for back up at the event.
Admission	Coin donation at the door.

All entry forms must be received by: **March 5th, 2025**

Questions may be directed to: sudburyskatinginfo@gmail.com

STARSKATE & COMPETITIVE OPPORTUNITIES

Star 1 Element Assessment: \$40 per skater

- Includes written evaluation and feedback

Future Stars Package: Entry level Star 2 skaters \$95 per skater

Package includes

1. 1.5-2min solo to music
 2. Elements: Waltz Jump/2 foot spin/Spiral/Sit Glide
- Includes written feedback

StarSkate Package: Star 2-10 and Gold \$95

Package includes:

1. Freeskate program performance - written evaluation and feedback
2. Element event (per Skate Canada Starskate elements) - on-ice feedback session

Additional Starskate Short program (Star 7 or 9): \$40

- Includes written evaluation and feedback

Team Elements: Star 2-Gold \$10 per skater

- Includes on-ice feedback session

Competitive Package: \$95

Package includes:

1. Freeskate program performance - written evaluation and feedback
2. Element event - on-ice feedback session (per skater's chosen elements).

Additional Competitive Short Program (any level) \$40

Includes written evaluation and feedback.

Adult Package: Intro Open to Masters \$95

Package includes:

1. Freeskate program performance - written evaluation and feedback
2. Element event - on-ice feedback session (per skater's chosen elements)

Special Olympics Package: All levels \$95

Package includes:

1. Freeskate program performance - written evaluation and feedback
2. Element event - On-ice feedback session (per skater's chosen elements)

CREATIVE OPPORTUNITIES Includes written evaluation and/or feedback.

Artistic Program Assessment: \$50 (\$40 if in addition to an above package)

Creative Improv - Individual Skater: \$35 (\$30 if in addition to an above package)

Group Ice Show Numbers (Star 1 - Gold): \$15 per each skater in the group

Showcase - Individual Skater (Star 1 - Gold) : \$50 (\$40 if in addition to an above package)

Showcase 1 - Must have passed Star 1 assessment in any discipline, min. 1 minute length

Showcase 2 - Must have passed Star 4 assessment in any discipline, max. 1.5 minute length

Showcase 3 - Must have passed Star 5 assessment in any discipline, max. 2 minute length

Showcase 4 - Must have passed Star 8 assessment in any discipline, max. 2.5 minute length

CANSKATE EVENTS Includes written evaluation and feedback.

Half-ice elements event; elements are performed in isolation; skaters must not have passed any part of a Star 1-5 test in this event.

Canskate Events: \$40 per skater

Canskate elements are as follows:

STAGE 2: must be working on Stage 2 but no higher than Stage 3

1. Forward 2 foot to 1 foot glide
2. Forward sculling
3. Forward two foot jump moving
4. Backward skating
5. Forward sit glide

STAGE 3: must be working on Stage 3 but on higher than Stage 4

1. Forward 2 foot to 1 foot glide on a curve
2. Forward circle thrusts, both directions
3. Backward 2 foot jump moving
4. Backward sculling
5. 2 foot spin

STAGE 4: working on Stage 4 but no higher that Stage 5

1. Forward spiral
2. Forward cross cuts, both directions
3. Forward to backward 2 foot jump
4. Backward circle thrusts, both directions
5. 1 foot spin

STAGE 5: working on Stage 5 and 6

1. Forward spirals, one on each foot
2. Forward inside edges
3. Waltz jump
4. Backward cross cuts, both directions
5. 1 foot spin